



PYTHAGORAS ACADEMY

LUNCH MENU

June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<i>Gyoza with Spring Rolls</i> Chicken Gyoza, Vegetable Spring Rolls, Soya Sauce	<i>Italian Meatballs w/ Rice</i> Beef Meatball, Tomato Sauce, Variety Vegetables, Rice	<i>Fish and Chips, Vegetables</i> Dip Fried Fish Solo Filet, Potato Chips, Vegetables, lemon	<i>Teriyaki Chicken w/ Rice</i> Chicken thigh, Salt & Seasoning, Teriyaki Sauce, with rice
7	8	9	10	11
<i>Teriyaki Tofuballs w/ Rice</i> Tofuball, Teriyaki Sauce, Variety Vegetables, Rice	<i>Chicken Sausage with Mac & Cheese</i> Chicken Sausage, Macaroni, Cheddar Cheese, Cream, Salt, Vegetables	<i>Grilled Chicken Leg Served Mixed Vegetables & Rice</i> Chicken Leg, Mixed Veg, Rice	<i>Rotini with Meat Sauce</i> Minced Pork, Rotini, Tomato, Tomato Paste, Herb & Spice for seasoning, Vegetables	Sport Day (Half Day)
14	15	16	17	18
<i>Gyoza with Spring Rolls</i> Chicken Gyoza, Vegetable Spring Rolls, Soya Sauce	<i>Teriyaki Chicken w/ Rice</i> Chicken thigh, Salt & Seasoning, Teriyaki Sauce, with rice	<i>Fish and Chips, Vegetables</i> Dip Fried Fish Solo Filet, Potato Chips, Vegetables, lemon	<i>Butter Chicken w/ Rice</i> Chicken Breast, Indian Butter Sauce, Salt & Seasoning, Green & Red Peppers, Tomato, Rice	<i>Fried Noodle with Chicken</i> Egg Noodle, Chicken, Vegetables, Soy Sauce & Seasoning
21	22	23	24	25
<i>Italian Meatballs w/ Rice</i> Beef Meatball, Tomato Sauce, Variety Vegetables, Rice	Last Day of Classes (Half Day)	Pro-D Day	Pro-D Day	Pro-D Day
28	29	30		
School Break	School Break	School Break		

**This menu is subject to change*



PYTHAGORAS ACADEMY

SNACK MENU

June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	MS Cheese Sticks Granola Bar AS Oatmeal Raisin Cookie	MS Fresh Fruits Cup AS Poppyseeds Roll Danish	MS Fresh Vegetables Hello Panda Cookies AS Plain Croissant	MS Fruit Salad w/Cherries Goldfish Crackers AS Sinnamon Roll Danish
7	8	9	10	11
MS Nano Yogurt Banana Bread AS Poppyseeds Roll Danish	MS Apple Squeeze Granola Bar AS Pizza Bagel Cheese	MS Fresh Fruits Cup AS Vanilla Cookie	MS Fresh Vegetables Mini Ritz Crackers AS Cheese Scone	MS 1) Popsicle 2) Ham & Cheese Croissant AS (Half Day)
14	15	16	17	18
MS Deiced Peaches Surprise Cookies AS Sinnamon Roll Danish	MS Activia Yogurt Madeleines AS Pizza Bagel with Ham	MS Fresh Fruits Cup AS Oatmeal Raisin Cookie	MS Fresh Vegetables Hello Panda Cookies AS Cheese Croissant	MS Babybell Cheese Banana Bread AS Poppyseeds Roll Danish
21	22	23	24	25
MS Activia Yogurt Mini Ritz Crackers AS Fresh Slice Pizza & Juice	MS Cheese Sticks Granola Ball AS (Half Day)	Pro-D Day	Pro-D Day	Pro-D Day
28	29	30		
School Break	School Break	School Break		

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SNACK MENU

June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
MS	MS Cheese Sticks Granola Bar AS Oatmeal Raisin Cookie	MS Fresh Fruits Cup Surprise Cookies AS Poppyseeds Roll Danish	MS Fresh Vegetables Hello Panda Cookies AS Plain Croissant	MS Fruit Salad w/Cherries Goldfish Crackers AS Sinnamon Roll Danish
7	8	9	10	11
MS Nano Yogurt Banana Bread AS Poppyseeds Roll Danish	MS Apple Squeeze Granola Ball AS Pizza Bagel Cheese	MS Fresh Fruits Cup Madeleines AS Vanilla Cookie	MS Fresh Vegetables Mini Ritz Crackers AS Cheese Scone	MS 1) Popsicle 2) Ham & Cheese Croissant AS (Half Day)
14	15	16	17	18
MS Deiced Peaches Surprise Cookies AS Sinnamon Roll Danish	MS Activia Yogurt Madeleines AS Pizza Bagel with Ham	MS Fresh Fruits Cup Goldfish Crackers AS Oatmeal Raisin Cookie	MS Fresh Vegetables Hello Panda Cookies AS Cheese Croissant	MS Babybell Cheese Banana Bread AS Poppyseeds Roll Danish
21	22	23	24	25
MS Danactive Yogurt Mini Ritz Crackers AS Fresh Slice Pizza & Juice	MS Cheese Sticks Granola Bar AS (Half Day)	Pro-D Day	Pro-D Day	Pro-D Day
28	29	30		
School Break	School Break	School Break		

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